

Medical Tips & Important Information

1. Drink, drink, drink – campers, staff, volunteers, and ALL who attend:
 - a. Drink at least one bottle of water at each meal.
 - b. Carry a metal water bottle or camelback with you at all times.
 - c. Drink when you are thirsty – do not wait to drink.
 - d. Lack of fluid will cause dehydration, constipation, headaches, and other complications.
 - e. Plan for 1 – 1.5L of “EXTRA” fluid per day per person
2. Keep electrolyte replacer with your club. Plan to drink one per day.
 - a. Adding powder to a bottle of water works great.
 - b. Generic brands work just as well as name brand
3. Eat foods high in fiber – helps to avoid constipation.
4. Instruct ALL females in your club to come prepared with feminine hygiene supplies – even if they think they won’t need it. Bring extra – just in case.
5. Each club should come prepared to treat minor injuries – bumps, bruises, scrapes, headaches, etc.
 - a. Tylenol
 - b. Ibuprofen
 - c. Peroxide
 - d. Band-Aids
 - e. Other at your discretion
6. ALL campers – adults and Pathfinders....
 - a. All prescription medication is packed
 - i. Bring extra – just in case one gets dropped, you’re gone longer than expected, etc.
7. Keep all medication secured and out of reach of minors.
 - a. Only adults should dispense medication and keep track of what is given
8. If you have an emergency that you believe requires 9-1-1, you can call the medical emergency numbers provided you.
 - a. Be prepared to direct the ambulance golf cart to the location
 - b. Do not have multiple people call for help – it may confuse dispatch
 - c. Campbell County EMS will be on the grounds 1100 am to 1100 pm.
 - d. EMS golf carts will be staffed 24/7
9. The medical building will be staffed as follows:
 - a. August 5th, 1200, noon to 1200 midnight
 - b. August 6th 0600 am – 11th 0600 am
 - c. Hours of operation subject to change
 - d. We do not charge and/or bill for the care/services provided.
 - e. Please do not present yourself with chronic medical problems that have gone untreated for a period of time.

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10. We are not a hospital. We are staffed with physicians, nurses, NP's, PA's, EMS, chaplains, and a variety of support staff. We will provide all are that we have the resources and equipment for. We will do our best to not send someone to the hospital but will make the appropriate judgement for Urgent Care or the hospital.
11. EVERYONE coming with your club MUST complete a medical information form. This includes Pathfinders, leaders, staff, sponsors, volunteers and anyone coming with the club.
 - a. If your club has its own form that includes all the necessary information needed, you may use it.
 - b. A medical information form must accompany any person who presents to the medical building for treatment.
 - i. True life-threatening emergencies are an exception
 - c. Plan to have an adult sponsor with the Pathfinder to carry of copy of the medical form with them. It is recommended that each adult sponsor carries a minimum of three copies of each person in the club.
12. You MUST bring a copy of your personal medical insurance card with you – adults and Pathfinders.
 - a. If you do not have insurance, you have the option to purchase insurance for the event through Adventist Risk Management (ARM). Information is on the website
 - b. ARM is NOT automatically responsible for the cost of medical care.
 - c. The local hospital has been instructed to bill “self-care” if insurance cards are not provided. It will then be your responsibility to settle the medical bill.
13. Medical teams will be roaming the CamPlex on golf carts. These teams will assist with minor situations, assess, and transport to the medical building as needed.
14. PLEASE! PLEASE! PLEASE! Instruct your club to move out of the way to allow for golf carts and/or ambulance to safely get to the emergency. We do not want to cause any additional injuries responding to other emergencies.
15. WEATHER
 - a. Can quickly change
 - b. Hot during the day
 - c. Cold at night
 - d. Rainy, humidity, wind
16. Bring at least 2 PAIR OF TENNIS SHOES. You will be walking miles each day and you need dry shoes to change into. You want comfortable feet. This is NOT a fashion show. DO NOT WEAR HEALS!!! Tennis shoes or flat shoes are recommended when in uniform.
17. IF you are on a 2-way radio and the radio call starts with: MEDICAL – DO NOT INTERRUPT the medical call until the transmission is complete.

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Come to the 2024 BTP International Camporee with a positive attitude, an open mind, a willing heart, and a spirit of service. Come with the intent of having a phenomenal spiritual experience, of meeting new friends, of greeting old friends, and enhancing your relationship with Jesus. We want to leave a great impression on the community and make them glad we were here and that we are coming back.

On behalf of your medical team, I look forward to serving your medical needs in Gillette, WY 2024.